



THE V-EDITION

AUGUST 2019

Victory Offices Monthly Update

Victory Offices St Kilda - Grand Opening

Victory Offices would like to invite you to celebrate the grand opening of our new St Kilda centre!

Join us for drinks, canapes and entertainment as we celebrate the opening of our twenty-first Victory Offices location on Friday the 23rd of August from 5 pm.

An evening you don't want to miss! [RSVP TO CELEBRATE HERE](#)

Get the first exclusive look into this outstanding office space, the perfect place to grow your business and network with like-minded professionals.

Interested in the space? Call us on 1300 788 292 to find out more.

WHAT'S HAPPENING

St Kilda Launch Invitation	1
Morning Buzz Blog	2
Victory Motivation	3



ADMISSION TICKET

Grand Opening

ST KILDA

180 ST KILDA ROAD,
ST KILDA VIC 3182

23 AUGUST 2019
5PM ONWARDS

RSVP



Morning Buzz - How To Get a Great Start To Your Working Day

Mornings. They can be a struggle for anyone, especially us working in the professional world. A bad start to your morning can derail your day and change your mood entirely. How, in this busy and fast-paced world, can we begin our working days in the best possible way? Read below for some tips on how to start your mornings off for success!

Eat Breakfast

This seems simple but taking time to eat breakfast can make a world of difference. Wake up that ten minutes earlier, sit in your kitchen and cook yourself up a storm! Breakfast is the most important meal of the day, and so often it is skipped so we can rush off and get to work. Use this time as you eat to sit, take a break and ease into your morning, all the whilst eating a yummy and nourishing meal to give you an energy burst!

Plan Your Day

Organize what's ahead for the day and prioritize. Building a to-do list and ordering it by importance will help establish a feeling of control over your day and you'll be kicking your daily goals with no problems at all!

Organize Your Desk

Once you've arrived at the office, take a moment to clear and tidy your desk. Clutter and mess will only take away from your productivity and having a workspace that's organized exactly how you want it will only boost your efficiency through the day.

Remove Distractions

This is probably the hardest thing to do for any of us living in the digital age. Create a system that will help you alleviate your distractions, this could be turning phone notifications off, setting a timer on your tasks and pre-planning your breaks. This will not only boost your productivity but also give you time to 'switch off' from all the distractions of the digital world.

Check in With Your Colleagues

Take some time out of your morning to chat with your co-workers, see how THEY are, see what's going on in THEIR life. Though it may seem small, these chats can brighten not only your morning but also the morning of your fellow worker!

The morning is one of the hardest parts of the workday, so take at least one of these tips and apply it to your day, and just wait to see what a positive difference it will make for you!

"UNLESS YOU
DREAM, YOU'RE NOT
GOING TO ACHIEVE
ANYTHING."

-RICHARD BRANSON